

LANE GAINER™ STRETCHY-8

Post for all users. Wear protective eyewear.

Thank you for purchasing LANE GAINER™ tubing.

Please follow these simple steps to promote product safety and longevity. **Natural latex** is adversely effected by three common elements in the swimming environment; ultra violet rays, heat and chlorine. These elements will

eventually crystallize tubing, deteriorating its elasticity and overall strength to the point that tubing can break. The best way to prolong the life of the tubing is to rinse chlorine off using clear water, allow tubing to dry and store it in a cool dark place.

Recommended elongation is not more than two and half times the tubing's relaxed length. When mounting tubing be sure the fixture is stationary and sturdy. Tubing should be inspected for tears and defects before each use. Replace tubing if defects are found. Replace tubing when it appears dry, worn or chaffed. See your physician regarding your fitness to start an exercise program. Natural latex may cause allergic reaction. See physician immediately if reaction occurs.

Always **wear protective eyewear** when exercising with tubing. For information call: USA 810.231.1545 or 800.443.8946



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